

# Youth and Families COMMUNITY RESOURCES

This packet contains resources and referrals within your community. This information packet will provide you with resources needed to help you or your children stay in school and live healthy and safe lives. This is not a complete listing of resources but a compiled list for youth and families. If you do not find the resources you need in this packet please call:

**Community  
Information &  
Referral at:**  
1-800-352-3792

Social Worker:  
Pam Kane, LMSW  
[pkane@tuhsd.k12.az.us](mailto:pkane@tuhsd.k12.az.us)  
480-838-3200 x40054



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## **YOUTH SHELTERS & HOUSING**

### **Tumbleweed – [www.tumbleweed.org](http://www.tumbleweed.org)**

**Main phone:** 602-271-9904/602-841-5799 (emergency crisis hotline)

1419 N. 3<sup>rd</sup> Street #102 Phoenix, AZ 85004

Variety of programs for homeless youth, Emergency shelter, 3-10 day stay, ages 9-22, food assistance, drop in centers, case workers on-site.

**For emergency shelter on the spot, go to any Quick Trip (QT) Store and tell clerk, they will call Tumbleweed for assistance**

Tumbleweed Youth Center in Tempe

480-966-2036 Drop in center for food, hygiene items, and case management

### **HomeBase Youth Services –**

**[www.hbys.org](http://www.hbys.org)**

**Serves at-risk and homeless youth, ages 21 and younger,**

If in crisis call: **602-254-7777** or

Or 1-888-254-4297

Programs Include:

**Street Outreach Program**

**Mobile Medical Outreach Services**

**Resource Program:** Homebase offers its Resource Program at the Dustin D. Wolfswinkel Center for Youth

**Transitional Living Program:** Homebase provides its Transitional Living Program at the Nicholas Transitional Living Center. This 25-bed, residential facility offers a safe, welcoming environment in which youth can live

**Florence Crittenton, 602-277-5441**

715 W. Mariposa, Phoenix Arizona

Emergency shelter and transitional living for girls ages 10-17

**Jesus Cares Ministries, Inc., 480-831-1737**

P.O. Box 371, Chandler, Arizona 85244

**A & A Cottages, Inc**

P.O. Box 2992

Mesa, AZ 85214

480-792-0265

**[www.aacottages.org](http://www.aacottages.org)**

residential program

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## **Clothing**

**Teen Resource Center @ Evans Compadre Academy (Tempe Union High School District)**

Free Clothing, Shoes, & other supplies for TUHSD students

**480-858-2316**

4525 S. College Avenue, Tempe – Open 1-4 Tues & Thurs

**Goodwill Industries**

Guadalupe & Rural, 480-456-8715

McClintock & Southern, 480-755-4092

**Child Crisis Treasure Chest, 480-833-0022**

308 E. University, Mesa

**Deseret Thrift Store, 480-964-8738**

1020 W. Broadway, Mesa Arizona

**St. Vincent De Paul, 602-254-3338**

**A New Leaf of Arizona**, 480-833-7562  
308 E. University, Mesa Arizona  
(Used Clothing, furniture, household goods)

**Salvation Army**, 480-833-8322

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## **Food Boxes, Sack Lunches, Infant Boxes, Hot Meals, and Showers**

**Ahwatukee Assembly Church Food Pantry**

480-893-6189  
Tuesdays 4 to 6  
Thursdays 11 to 1  
Saturday 11 to 1

**Tempe Community Action Agency, Food boxes**

480 967-2660  
2150 E. Orange St. Tempe  
Monday through Friday 9am to noon (Bring ID  
and a piece of mail with address and same name  
as ID no older than 60days.)

**Tumbleweed Tempe Youth Resources,  
480-966-2036**

101 E. 6<sup>th</sup> St.  
Under 24 years old, **3 hot meals daily**

**Tempe Salvation Army, 480-967-8649**

714 S. Myrtle Ave, homeless, single bags 2 times  
a week and food boxes weekly  
Monday through Friday 9am to 11am and 1pm to  
3pm

**Church of the Resurrection 480-838-0207**

3201 S. Evergreen  
East Tempe residents Tuesday & Thursday, 9 to  
11am

**Paz de Cristo 480-464-2370 – Food boxes**

424 W. Broadway in Mesa,  
2<sup>nd</sup> and 4<sup>th</sup> Saturday every month 11am to 2pm  
(Bring proof of residency in last 3 days and ID)

**Beautiful Savior Lutheran Church, 480-967-  
2660**

1337 W. 11th St., near Priest/University  
Monday through Friday, 8:30am to 12:30pm  
Lunch @ Collins College, 3rd Thursday, 1pm

Updated 2-11-2011

**CrossPoint Church, 480-838-5700**

(Tempe & Guadalupe residents)  
1001 E. Southern Ave 2150 E. Orange St.  
Tuesdays 8am to 4pm Call about laundry  
program

**Mountain View Lutheran Church**

11002 S. 48<sup>th</sup> Street  
Phoenix, AZ 85044  
480-893-2579

**Tzu Chi Buddhist Foundation, 480-838-6556**

2145 W. Elliot  
Tuesdays, Wednesdays, Fridays 9:30am to noon  
and 1pm to 4:30pm (One box per week, all family  
members must to pick up food, ID and Social  
Security Card)

**Jacobs Journey House, 602-754-1711**

2051 E. Apache Blvd  
Tempe, AZ

**Manna Food Bank Locations, No ID required**

480-838-2587

**Chaparral Mobile Village- Food box**

distribution: Monday 7am-9am, 400 W. Baseline,  
Tempe AZ  
Baseline & Kyrene

**Our Lady of Mount Carmel**

Emergency Food Boxes for the homeless  
and low income households  
3303 S. Mariana Circle  
480-966-1974

**St. Vincent de Paul**

Call for referral to closest location  
480-966-1974

## **Other prepared Food Resources:**

### **St. Vincent Dining Room**

67 W. Broadway, Mesa Arizona  
Lunch Every Day starting at 9:30am

### **Paz de Cristo, 480-464-2370**

424 W. Broadway, Mesa Arizona  
Dinner Every Day @ 5:45pm to 6:45pm

### **Jacob's Journey House**

2051 E. Apache Blvd.  
Tempe AZ  
Soup & coffee served all day, **602-754-1711**

### **First United Methodist Church**

215 E. University, Tempe, Arizona  
Sack lunches Monday through Friday @ 8am until lunches are gone

**Escalante Park meals:** Sundays 1pm, Thursdays 5pm, Saturdays 2pm

## **Low Cost Groceries**

### **United Food Bank Help Yourself Program**

\$40.00 worth of groceries for \$16.00  
358 East Javelina Ave, Mesa AZ  
Time: Fridays, 800am-200pm  
Accept cash or food stamp card (no checks)  
No restrictions or qualifications  
Food boxes contain frozen meats, fresh produce, and assorted dry goods

### **The Treasure Box**

\$30.00 per box for \$75.00-100.00 worth of groceries. Order on line @  
[www.thetreasurebox.org](http://www.thetreasurebox.org)

## **Showers**

### **First United Methodist**

215 E. University

Updated 2-11-2011

Monday and Fridays 4:30pm to 11am

**Central Christian Church,**

Meet at Paz de Cristo (424 W. Broadway) @ 9am

1<sup>st</sup> and 3<sup>rd</sup> Saturday of the month

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## Transportation

### **IMPORTANT INFORMATION for teenagers!**

**If you are currently in of any of the following situation:**

- 🍏 In a shelter, motel, hotel, weekly rated housing, apartment with more than one family because of crisis, economic hardship and/or loss
- 🍏 In an abandoned building, a car, at campground, on the street or other unsheltered situation
  - 🍏 in temporary foster care
  - 🍏 with an adult who is not the legal guardian
  - 🍏 in substandard housing
  - 🍏 have runaway

**Contact your schools Homeless liaison for information regarding free transportation to and from school each day. To find out more information call your school and ask for your Homeless liaison.**

#### **City of Tempe Youth Bus Pass**

Free to all Tempe Youth ages 6 to 18

living in Tempe

**480-350-2739**

Tempe Transit Store

200 E. Fifth Street (1<sup>st</sup> level)

Mon-Friday 8am-5pm

**Valley Metro Bus Service, 602-253-5000**

**ComTrans - 602-231-0102**

Consumers who work with

Magellan, Southwest Behavioral Health, NAFI,

Triple R, CPS, or DDD

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## Emergency Family Housing/Low Cost Apartment/Extended Stay Living

**For shelter availability call CONTACTS: 602-263-8900 or 1-800-799-7739**

Or call Community Information and Referral at **1-800-352-3792**

**UMOM Family Shelter, 1-602-275-4533**

3320 E. Van Buren St., Phoenix, Arizona 85008

(New Day Shelters, Emergency Shelter, Transitional Housing, and other support services)

**La Mesita Family Shelter, 480-834-8723**

2254 W. Main Street Mesa, AZ 85201; shelter for homeless families with children birth to 17 years old and younger

1. 2. Complete screening at La Mesita

**Central Arizona Shelter Services (CASS), Adults-602-256-6945 ext 3059**

Families-602-944-0960

1. 1209 West Madison Street, Phoenix, Arizona 85007-3123
2. 230 South 12th Avenue
3. (Shelter for homeless families, no fee, job service, alcohol and drug programs)

**Phoenix Rescue Mission, 1-602-233-2647**

1801 South 35th Avenue, Phoenix, Arizona  
85009-6708

on Mondays, Tuesdays, Thursdays, Fridays,  
Saturdays, Sundays

**Salvation Army Shelters, 1-602-267-4130**

2707 East Van Buren Street, Suite 400, Phx, AZ,  
85008

(Shelter for homeless families with children birth to 18yrs old, 4 month work program, no undocumented families, no fees)

**I-HELP Overnight Shelter-** couples, single men and women; meet at the Tempe Salvation Army (University & Myrtle in Tempe) @345pm

**Family Promise, 602-294-0222**

546 E. Osborn Rd. Phoenix Arizona 85012  
(Families with children under the age of 18, must be English proficient, no drugs or alcohol, maximum 60 days)

**Emergency Pregnancy Housing****Maggie's Place, 602-257-4648**

Confidential location

1. Magdalene House (Phoenix) 602-257-4648
2. Elizabeth House (Tempe) 480-491-0446
3. Michael House (Glendale) 623-842-1000

\*\*Emergency housing for pregnant women.

Does not except women who are pregnant and already have children.

**Dignity House, 602-252-0923**

(Emergency housing for women previously prostituting)

**Low Monthly/Weekly Rate Hotels****Intown Suites - 480-893-9399**

[www.intownsuites.com](http://www.intownsuites.com)

**Extended Stay America -480-753-6700**

[www.extendedstayamerica.com](http://www.extendedstayamerica.com)

**Gift of Mary, 602-254-8424**

1406 S. 17<sup>th</sup> Ave, Phoenix AZ 85007

(Emergency housing for single individuals and families)

**Apartment Locators: Free Rental Searches**

Valley King Properties - [www.valleyking.com](http://www.valleyking.com)

480-756-2330 or [www.aptfind.com/services](http://www.aptfind.com/services)

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## **Transitional Housing/Affordable Housing**

### **Save the Family, 480-898-0228**

450 W. Fourth Place, Mesa Arizona  
(Families need written referrals, proof of income depending on what program you are apply for)

2302 W. Colter Phoenix Arizona  
(Homeless, near homeless or domestic violence, must have children, fee is 30% of income, call for application)

### **UMOM, 602-275-4533**

3320 E. Van Buren Street, Phoenix, AZ 85008  
(New Day Shelter, Emergency Shelter, Transitional Housing Shelter, other Support Services)

### **House of Refuge, 480-988-9242**

6935 E. William Field Rd., Mesa Arizona  
(Homeless families, must be working and/or attending school, credit check, criminal background check, sliding scale fee, two year maximum stay, US citizen)

### **Homeward Bound, 602-263-7773**

### **Chicanos Por La Causa, 602-257-0482**

1107 E. Tonto St., Phoenix Arizona  
(Affordable housing, HUB counseling)

### **Community Housing Partnership, 602-253-6905**

609 N. 9<sup>th</sup> Street. Phoenix Arizona  
(Affordable housing for individuals and families, permanent housing, meet income requirements, call for intake info.)

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## **Domestic Violence Shelters**

### **Arizona Coalition Against Domestic Violence – 1-800-782-6400**

### **My Sisters Place, 480-821-1024**

Confidential location, Chandler  
(Family and single, accepts boys up to the age of 13, 30-90days)  
[www.catholicsocialserviceaz.org](http://www.catholicsocialserviceaz.org)

### **UMOM Shelter**

Confidential Location, Phoenix  
**1-866-640-8666**  
**602-957-1903**

### **New Leaf's Autumn House, 480-835-5555**

PO Box 5860, Mesa Arizona  
(Emergency shelter, counseling, 30days residential shelter, children up to the age of 13, phone screening, transitional housing available)

### **De Colores, 602-269-1515**

Confidential Location, Phoenix  
(Emergency housing, 24 hour hotline, counseling, women and children, boys up to the age of 12)

Updated 2-11-2011



**New Life Center, 623-932-4404**

Confidential location, Goodyear

(Emergency shelter up to 90days, children up the age of 1, no fees, phone screenings, counseling)

**Chrysalis Shelter, Scottsdale- 480-481-0402 Phoenix- 602-944-4999, chrysalis@noabuse.org**

Confidential Location, (emergency, phone screening, women and children, male children up to the age of 11 yrs, female up to the age of 18.)

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## **Emergency Shelter for Men Only**

**12<sup>th</sup> Ave Retreat, 602-272-3662**

**A Place called Home, 480-546-0549**

**Church on the Street, 602-602-447-0259**

**Easy Valley Men's Center, 480-610-6722**

**New Way of Living, 602-362-3383**

**Phoenix Resume Mission, 602-233-3000**

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## **Assistance with Rent or Utilities**

**Tempe Community Action Agency**

Appointments by telephone only

**Call 480-350-5880-Thursdays @ 8am** for financial assistance with **electric, gas, water, and application for Telephone Assistance Program (TAP)**, appliance repair/replace, weatherization (broken window, weather stripping, etc...)

**Fridays @ 8am for rent or mortgage**

(Must qualify through a telephone pre-screening process)

**City of Tempe Housing Services**

21 E. 6<sup>th</sup> Street, Tempe, **480-350-8950**

Section 8 Home Ownership Program, Family Self Sufficiency Program, Homeownership down payment assistance, homeless resource coordination, fair housing activities, home improvement program

**Lutheran Social Ministries**

Appointments by telephone (as funds are available)

**602-957-2153**, leave message

**The Tempe Salvation Army**

Appointment by telephone

Tempe Residents call **480-967-8649**, Mondays from 9am-11am

**480-966-1974**, Monday through Saturday, 9 to 11am

Leave a message including your Tempe residence cross streets

A St. Vincent De Paul volunteer will call to refer you to the contact in your area

**Contact your own Faith Community or Neighborhood Church**

**Other ideas to pay rent:** work day labor jobs, donate plasma, work out a payment plan with your landlord for a promise to pay and work out a payment plan with the company.

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## **Financial Resources**

**Arizona Mortgage Foreclosure Hotline: 1-877-448-1211**

**Chandler CAP, 480-963-4321**

650 N. Arizona Ave., Chandler, AZ 85225  
(Rental assistance, utility assistance, call for appointment  
Monday- Thursday)

**Gilbert CAP, 480-892-5331**

1140 N. Gilbert Road, #109, Gilbert, AZ 85234  
(Appointments are scheduled on Mon-Thurs. between 8:00-  
8:30 utility, rental assistance)

**Guadalupe CAP, 480-730-3093**

9421 S. Avenida Del Yaqui, Guadalupe, AZ 85283  
(Appointments are scheduled Monday- Friday anytime)

**Mesa CAN, 480-833-9200**

635 E. Broadway, Mesa, AZ 85204  
(rent, mortgage, to Make an appointment for utilities call  
Mondays at 5pm, for Appointments for mortgage or rent  
please call Tuesdays at 5pm.)

**Tempe Community Action Agency, 480-350-5880**

2150 E. Orange, Tempe, AZ 85281 (To make an  
appointment for rent assistance Friday at 8am, Utilities  
appointments are made Thursday at 8am)

**Scottsdale Vista Del Camino CAP, 480-312-2323**

7700 E. Roosevelt, Scottsdale, AZ 85257  
(Call Monday- Friday to make an appointment for utility,  
mortgage, rental assistance)

**Central Phoenix Family Services, 602-534-1250**

1250 S. 7th Ave, Phoenix, AZ 85007

**Travis L. Williams Family Services,**

**602-534-4732**, 4732 S. Central, Phoenix, AZ 85040  
(To make an appointment please call Mondays at 8am)

**John F. Long Family Services, 602-262-6510**

3454 N. 51st Ave, Phoenix, AZ 85031  
(To make an appointment please call Mondays at 8am)  
(To make an appointment please call Mondays at 8am)

**St. Vincent De Paul, 602-254-3338**

**Salvation Army, 480-833-8322**

**Arizona Housing Authorities**

**City of Chandler- Chandler Housing Division, 480-782-3200**

P.O. Box 4008 Chandler, AZ 85244

**City of Glendale- Glendale Community Partnerships Department, 623-930-2180**

6842N.61stAve.Glendale, AZ 85301

**City of Mesa- Mesa Housing Services Division, 480-644-3536**

415N.Pasadena Mesa, AZ 85201

**City of Peoria-Peoria Housing Authority c/o Community Svs of Arizona, 623-486-4375**

10950N.87thAve. Peoria, AZ 85345

**City of Phoenix-Phoenix Housing Dept., 602-262-6794**

251W.Washington, 4th Floor Phoenix, AZ 85003

**City of Scottsdale- Scottsdale Housing Authority, 480-312-2528**

7515E. First St., Scottsdale, AZ85251-4502

**City of Tempe- Tempe Housing Services Division, 480-350-8950**

POBox5002 Tempe, AZ 85280

**Maricopa County Housing Department- 602-744-4800** All areas in the county, including, Phoenix, Chandler, Mesa, Glendale, Tempe, Wickenburg, Gila Bend and Apache Junction. -

2024 N.7<sup>th</sup> St., #101 Phoenix, AZ 85008

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**Local DES Offices**  
**Apply for benefits ONLINE!**  
**[www.healthArizona.org](http://www.healthArizona.org)**  
**Documentation needed:**

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- Check stubs for employment or any proof of income (unemployment, social security, child support) for the last 30 days.
- Drivers Licenses for all adults
- Social security number for every family member
- Birth Certificates for every family member
- Current Utility Bill
- If you are renting- letter from a neighbor or someone who knows you stating who lives with you. ( letter must have your address and their address, name and number)

**Chandler, 480- 812-2160**

2018 N Arizona Ave Ste D104  
85225

**Phoenix, 602-482-0211**

3150 E Union Hills Dr 85050

**Scottsdale, 480-850-8580**

10005 E Osborn Rd 85256

**Mesa, 480-834-4066**

1619 E Main St 85203

**Tempe, 480-831-1408**

5038 S Price Rd 85282

**Phoenix, 602-495-1308**

215 E McDowell Rd 85008

**Phoenix 602-243-0404**

Ste 2 1522 E Southern 85040

**Phoenix, 602-276-5773**

4635 S Central Ave 85040

**Phoenix, 602-482-0211**

3150 E Union Hills Dr 85050

**Phoenix, 602-242-0024**

2311 W Royal Palm Rd 85021

**Phoenix, 602-484-0204**

3631 W Thomas Rd 85019

**Phoenix, 602-258-2695**

1824 E McKinley 85006

**Phoenix, 623-846-1046**

4016 N 67th Ave 85033

**Phoenix, 602-265-3091**

1500 E Thomas Rd Ste 100  
85014

**Glendale, 623-931-5640**

4323 W Olive 85302 **Phoenix,**  
**602-843-3934**

350 E Bell Rd Ste J104 85022

**Phoenix, 623-245-6300**

4502 W. Indian School Rd  
85031

**Phoenix, 1-800-352-8401**

6633 W. Camelback Rd 8503

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**Local DES Important Phone Numbers**

**DES Temporary Assistance to Needy Families (TANF), 480-981-6357, 1-800-334-6357**

**DES AHCCCS (Health Insurance), 602-417-7100**

**DES East Valley Vocational Rehabilitation, 480-926-5100**

**DES Family Assistance, 602-542-9935 or 1-800-352-8401**

**DES Cash Assistance or Family Nutrition Program (formerly Food Stamp Program, 602-542-9935 (M-F 8am-5pm or can schedule an appt after hours 1-800-352-8401)**

**DES Utility Assistance, 602-542-6600 or 1-800-582-5706**

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## WIC (Women, Infants and Children)

### Maricopa County Locations Hotline: 1-800-2525-WIC

**Mesa General Hospital, 623-583-5977**

455 N. Mesa Drive, Suite 12 Mesa, AZ 85201

**Chandler, 480-892-7702**

3002 N. Arizona Ave. #13 Chandler, AZ 85224

**Guadalupe, 480-838-2859**

9206 S. Avenida Del Yaqui Guadalupe, AZ 85283

**Mesa, 480-833-0334**

423 N. Country Club Suite 45 Mesa, AZ 85201

**Mesa, Greenfield, 480-984-1068**

4419 E. Main #103 Mesa, AZ 85205

**South Phoenix, 602-243-3997**

438 E. Southern Ave. Phoenix, AZ 85040

**Scottsdale, 480- 949-7448**

8119 E. Roosevelt St. Scottsdale, AZ 85257

**Mountain Park Health Center W/ WIC**

**Golden Gate Community Center, 602- 323-**

**8111 or 602- 323-2597**

1625 North 39th Avenue Phx, AZ, 85009

**Mountain Park Health Center, 602- 323-3471**  
or **602- 323-3472**

635 East Baseline Road Phx, AZ, 85042

**Tempe St. Luke's, 480- 927-1046 or 480-927-**  
**1047**

1492 South Mill Avenue, Suite 206 Phx, AZ,  
85281

**Wesley Community Center 602- 323-8115 or**  
**602- 323-8111**

1300 South 10th Street Phoenix, Phx, AZ,

**East Phoenix, 602- 323-8211 or 480-927-**  
**1046**

690 North Cofco Center Court, Suite 230 Phx, AZ,  
85008

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## Health Care

Students/Families who are AHCCCS members call **602-417-7000 (within Maricopa County),**  
**1-800-962-6690 (Statewide)**

**Banner School Based Health Centers : FREE** for uninsured children and youth

**Mesa Education Center – formerly Powell Junior High.**

**This site is open to Mesa, Tempe, Gilbert, and Apache Junction residents.**

855 W. 8<sup>th</sup> Avenue

Mesa, AZ 85210

Offers primary health services. Student/family must **make an appointment through their school nurse,** cannot make an appointment themselves. Bi-lingual services are available.

**Chandler CARE Center – open to Chandler residents only**

Campus of Galveston Elementary School

777 E. Galveston Street

Chandler, AZ 85225

For appointment call **480-812-7900,** bilingual services are available.

**Banners School-Based Health Center of Glendale – open to any Glendale, Phoenix, Buckeye, or Tolleson resident**

Campus of Isaac E. Imes Elementary School  
6625 N. 56<sup>th</sup> Avenue  
Glendale, AZ 85301

This site open Tuesday thru Thursday 10am-4pm. Bi-lingual services are available. Call to make an appointment @ **480-412-6433**.

**Mountain Park Health Care Centers**

1. Phoenix- **602-323-4300**
2. Tempe- **480-927-1000**
3. East Phoenix- **602-286-6090**

Health Services all provided on a sliding scale or discounted cost: Pediatrics, Women's Health, Adult Medicine, Pharmacy, Dental Clinic, Integrated Behavioral Health

**Guadalupe Family Health Center, 480-344-6000**

5825 E. Calle Guadalupe, Guadalupe, AZ 8528

**Life Choices Women's Clinic, 602-305-5100**

Free services, counseling, low-cost pregnancy testing, STD testing, ob/gyn care & ultra sound

**MOMobile, Prenatal- 602-406-4628 Patients 602-406-3715**

**Aid to Women Center, 480-966-1902**

Crisis pregnancy services, counseling & education; free pregnancy testing, low-cost ultra sound, STD testing, prenatal care

**Mission of Mercy- mobile unit, 480-486-7798**

1. Maryvale Church of the Nazarene, 3201 N. 51<sup>st</sup> Ave
2. St. Catherine of Siena, 6600 S. Central Ave
3. Shepherd of the Valley 1500 W. Maryland Ave
4. Christ the King Community Center, 1616 E. Broadway

**Native American Community Health, 602-279-5262**

4520 N. Central Ave, Suite 620, Phoenix, 85012

**Maricopa Medical Center, 602-344-5011**

2601 East Roosevelt Street Phoenix, AZ 85008

**HealthCare for the Homeless, Medical-602-372-2110 Social Services-602-372-2130**

220 S 12th Ave. Phoenix, AZ 85008

**Important Phone Numbers:**

Birth Certificates, **602-506-6800** Copies 10.00 out of State copies call **602 235- 9358 ext. 7094**

Social Security, **1-800-772-1213** (WWW.SSA.GOV)

AHCCCS Members **602-417-7000** (Maricopa County, **1-800-962-6690** (Statewide)

KIDSCARE (health insurance at a low cost): **1-877-764-5437**

Health Choice (health insurance at a low cost): **480-968-6866**

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**Behavioral Health Providers/Substance Abuse**

Students/Families who are AHCCCS members call Magellan of Arizona @ **1-800-564-5465**,  
24 hours – 7 days a week, **crisis line @ 1-800-631-1314**.

Students/Families with private health care coverage contact your healthcare provider **first** to see  
what services may be covered.

**Aurora Behavioral Health Care**

6350 S. Maple Avenue

Tempe, AZ 85283

**480-345-5420**

Free mental health or substance abuse assessments for adults and adolescents

**Banner Behavioral Health 480-512-4055 or**

**602-254-HELP (24 hour hotline)** Assessment, in-patient, intensive outpatient programs

**Tempe Social Services 480-350-5400**

3500 South Rural Rd, Tempe

Available to any **Tempe** resident **without insurance**

**Arizona State University Counseling**

**Training Center, 480-965-5067**

Payne Hall, /Room 401 (EDB 401)

Individual, couples, families, children, adolescents, and adults

**EMPACT – [www.empact-spc.com](http://www.empact-spc.com)**

1232 E. Broadway, Suite 120, Tempe AZ 85282

24 Hour crisis/suicide hotline, 480-784-1500, statewide **1-800-784-2433**

Sexual Assault hotline, 480-736-4949, statewide **1-866-205-5229**

**Community Bridges – [www.communitybridgesaz.org](http://www.communitybridgesaz.org)- 480-962-7922**

Outpatient Services, 480-962-7711-Crisis detox, 480-831-7566

Administration Office

1811 S. Alma School, Suite 160

Mesa, AZ 85210

**Southwest Behavioral Health**

3707 N. 7<sup>th</sup> Street

Suite 1000

Phoenix, AZ 85014

**602-257-9339**

**Parc Place – [www.parc-place.com](http://www.parc-place.com) – 480-917-9301**

2190 N. Grace Blvd.

Chandler, AZ 85224

(Inpatient – fixed fees)

**East Valley Catholic Social Services – [www.catholicsocialserviceaz.com](http://www.catholicsocialserviceaz.com)**

Updated 2-11-2011

430 North Dobson, Suite 110  
Mesa, AZ 85201 – 480-967-8771

**Jewish Family Services – [www.jfcsaz.org](http://www.jfcsaz.org), 602-256-0528**  
1255 W. Baseline Road, Suite B258  
Mesa, AZ 85210  
Youth & Adult Programs

**Terros, 602-685-6000**

**St. Lukes Behavioral Health Center**  
**602-251-8535**  
1800 E. Van Buren Street  
Phoenix, AZ 85006  
Free initial evaluation, in-patient, intensive out-patient, chemical dependency services

**Desert Vista Outpatient Psychiatric Clinic**  
570 W. Brown, Mesa AZ 85201  
**480-344-2100** (general clinic) **480-344-2027** (child unit)  
Adolescents are seen for \$5.00 per visit as long as enrolled in high school  
Adult Patient – over 18  
Initial Visit \$40.00  
Med Check: \$25.00  
Therapy: \$10.00 - Subject to change

**New Arizona Family Inc**  
**602-553-7300**  
Counseling, rehab, dual diagnosis, general mental  
health, pregnant women and children

**(TASC) Treatment Assessment Screening Center, (drug testing), 480-898-1849**  
423 North Country Club, Suite 19, Mesa, AZ 85201, Phone: 480-898-1849, Hours 11 am-900 pm (M-F)

**Al-Anon East Valley, 480-969-6144 – [www.aaphoenix.org](http://www.aaphoenix.org)**  
1320 E. Broadway #109 Mesa, AZ. 85204  
**Alcoholics Anonymous, 480-962-7922**  
**Al-Anon Teen East Valley, 480-969-6144**

**Valle Del Sol, 480-966-1414**  
Intensive Outpatient Program (IOP) for Substance Abusing Adolescents

**Valley Hope (Inpatient and Outpatient) – [www.valleyhope.org](http://www.valleyhope.org)**  
501 North Washington  
Chandler, AZ 85225  
**1-800-225-9778, 480-899-3333**

**Ableser Family Counseling - private insurance only**  
“Helps children and families overcome life’s many obstacles”  
**[www.AbleserFamilyCounseling.com](http://www.AbleserFamilyCounseling.com) - 602-492-2292**



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## **Eye Glass Resources**

**Insurance coverage** - Many insurance companies cover the cost of any eye exam. Check your insurance company first.

**AHCCCS and KidsCare** – Office visits, eye exams, and glasses are covered under most plans.  
**Sight for Students Program** – low income families with working parents and no vision insurance may qualify for free exams from participating optometrists. VSP certificates sometimes available through school nurses or call **888-290-4964**

**Lion's Club**, 3427 N. 32<sup>nd</sup> Street Phoenix, AZ 85018, **602-954-1723**, **[www.lions-sight-hearing-foundation.org](http://www.lions-sight-hearing-foundation.org)**

**Vision USA**: 1-800-346-2020 to inquire about vision services in Arizona

For reasonable and low cost eye exams and glasses:

**Nationwide Vision** – Over 60 locations in AZ - **[www.nationwidevision.com](http://www.nationwidevision.com)**

**America's Best Contact and Eyeglasses** – **[www.twopair.com](http://www.twopair.com)**

**Tzu Chi Foundation**, **480-838-6556 ext. 2145**

W. Elliott Rd. Chandler, 85224 & the number is

Provide free vision exams.

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## **Dental Services**

### **ASDOH Dental Clinic**

5855 E. Still Care  
Mesa, AZ 85206  
**480-248-8100**

### **Dental Care West**

20325 N. 51st Avenue, Unit 156  
Glendale, AZ 85308  
**623-251-4700**

**Maricopa County Dental Clinic**, **602-344-1005**,  
kids and adults

33 W. Tamarisk Phoenix, AZ 85041

**Mercado Dental Clinic**, **480-611-6633**, 24  
hour emergency services.

### **Mountain Park Health Care Centers Dental Clinic**

**Baseline Clinic**  
635 E. Baseline Road, Phoenix AZ 85042  
**602-243-7277**

**Phoenix Periodontal College**, **602-285-7418**,  
reduced rates

**Rio Salado Dental School**, **602-223-3490**

\$10.00 for kids & \$20.00 adults.

**South Central Family Health Center**,  
**602-344-6400**

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## **ABUSE – Domestic Violence, Sexual abuse, Child Abuse**

**Child Help USA**, **602-271-4500**

**Children's Advocacy Center**, **602-369-8845**



**Arizona Coalition Against Domestic Violence,  
1-800-782-6400**

**Community Alliance against Family Abuse,  
480-982-0196 / 1-877-982-0196**

Provides: 24 hour crisis line, Shelter Services, Advocacy Services, Support Groups, Empowerment Sessions, Prevention Services, Community Education and Outreach, Therapeutic Arts-Based Programs

**EMPACT, 480-784-1514**

**Sexual Assault Hotline: 1-800-656-HOPE**  
1232 E. Broadway Rd. Ste. 120 Tempe, Arizona 85282  
Services: Trauma Therapy/ Counseling and groups, crisis teams, case management

**Adult Abuse Hotline (Adult Protective Services) Statewide 1-877-SOS-ADULT (1-877-767-2385)**

**Child Abuse Hotline (Child Protective Services) Statewide 1-888-SOS-CHILD (1-888-767-2445)**

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## Legal Services

**CLS (Community Legal Services),  
480-833-1442**

**Fresh Start Women's Resource Center,  
602-252-8494**

**ACADV Legal Advocacy Center, 1-800-799-7739  
602-257-4434**

**Maricopa County Lawyer Referral Services,  
Superior Court of Arizona, 602-506-7353  
Victim Rights and Witness Assist Program,  
602-542-5263  
Grandparents United for Children's Rights,  
602-273-0004**

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## Immigration Assistance

**Friendly House Immigration Services** – 723 South 1<sup>st</sup> Avenue, Phoenix, AZ 85003, **602-257-1870**, Free Consultations each month, one Friday per month, **No appointments, call 602-416-7200 for next scheduled day**

**Mexican Consulate in Phoenix** – 1990 W. Camelback Road Phoenix AZ 85012  
**602-242-7389**

**Lutheran Social Ministry of the Southwest-Immigration Services, 602-248-4400**  
2020 W. Indian School Rd. Suite E-26 Phoenix, AZ 85015

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## Employment

**ACE Mentor Program, 480-557-4700**  
**Goodwill of Central Arizona Youth Services,**  
602-416-6183  
Tempe 602-535-4440  
Chandler 603-535-4440  
Case management, GED training and classes,  
Assistance with high school completion, job  
Training and placement, tutoring, skills training

**ACE Mentor Program, 480-557-4700**

**Maricopa County Human Services  
Department**  
**1-602-506-5911**, 2801 West Durango Street,  
Phoenix, AZ 85009

**Saint Joseph the Worker, 602-257-4390**  
213 South 11<sup>th</sup> Avenue, Phoenix, AZ 85007

### **ASPIRE Program**

1. Tempe High Schools (JAG),  
**480-441-0971**
2. Friendly House, **602-243-8271**

3. Az Women's Education & Employment,  
**602-223-4349**
4. Chicanos Por La Casa, **480-858-6543**

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## **Parenting Information and Education**

**NPLB (No Parent Left Behind) University,  
Tempe Union High School District  
480 838-3200 extension 40074**

**Parents Anonymous of Arizona, 602-248-  
0428**

**A-Z Learning Alternatives, 480- 393-0875**  
207 N. Gilbert Road, Suite 005

**Black Family and Child Services of Arizona -  
Parenting Skills Training, 602-256-2948**

**Parenting Services Information Line,  
480- 834-9365**

A parenting support information & referral line offers information about programs, classes, organizations & agencies in Maricopa County. This project is committed to improving the linking of families to parenting services.

**Parenting Skills Program, 480-967-6895**  
2131 E Broadway Rd, Ste 14 Tempe, Arizona  
**Raising Special Kids, 602- 242-4366**  
2400 N Central Ave, Ste 200 Phoenix Arizona

**East Valley Family Resource Center, @**  
The Child Crisis Center, **480-834-9424**  
(Boot camp for dads – workshop for expectant fathers, discussion group for parents of newborns)

Free workshops for parents, pre-teen and teens together, Refreshments are provided.

**Phoenix Indian Center, Inc, 602- 264-6768**  
4520 N Central Ave, Ste 250 Phoenix Arizona  
Provides family and children's services, Native workforce services and educational services.

**Family Planning Center, 602- 225-0636**  
400 N 30th St Phoenix, Arizona  
Natural family planning education classes. Call for class schedule.

**Youth and Family Center, 602- 258-6797 ext  
200**  
502 N 27th Ave Phoenix Arizona  
Working with state and county offices, the center provides social services and counseling to families and children through referral or on a sliding fee basis. Call for dates and times of classes.

**ADHS Pregnancy and Breast Feeding Hotline,  
1-800-833-4642**

**Car Seat Program (Toddler) Maricopa Special  
Health Care District, 602-344-5364**

To receive a car seat child must meet one of the following: Child is enrolled in Maricopa Health Plan; child is a patient of Maricopa Medical Center, or be a patient of any Maricopa County Integrated Health System clinics

**Mesa Fire Department Car Seat Program,  
480-644-2200**  
(Must be a City of Mesa citizen)  
Car seats and instruction by appointment only

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## **Tempe Union High School Support Services**

**Educational Services** –Special Ed, Workbridge, Gifted Education, Homebound, 504 Accommodations, and McKinney-Vento Services, Randy Lazar, Director of Educational Services, **480-345-3705**

**Indian Education** – **480-838-3200 x40068**  
(Valerie Molina or Staci Mendoza)

**Compadre/Compadre North** –  
**TUHSD's Non-Traditional School** –  
**480-752-3560**

**Adolescent Pregnancy & Parenting Program**  
**@ Compadre** – Bronwyn Paes at Compadre High School - **480-752-3571**

**Nutritional Services - Free/Reduced Lunch Program**, **480-345-3724**  
**Dual Enrollment** –  
Rio Salado – **480-517-8080**  
South Mountain – **480-517-8125**

**Adult Education** – Vanda Aka Salls, **480-839-0292**

**Early Learning Centers** – Pre-K, ages 3-5  
MdN – **480-730-7622**  
Corona- **480-752-8874**  
MTP – **480-706-7442**  
Desert Vista – **480-706-7937**  
McClintock – **480-839-4222**  
Tempe High – **480-736-4094**

**TUOL – online learning**, Derek Hoffland, Director of Curriculum, **480-345-3723**, or contact the Registrar or lead guidance counselor at your school

**No Parent Left Behind University** – workshops designed to help parents stay connected and involved with school and their students – Kay Cosner, **480-838-3200** ext. **40074** or [kcosner@tuhsd.k12.az.us](mailto:kcosner@tuhsd.k12.az.us)

**Summer School** – **480-752-3508**, Marnie Wright

**Saturday School** - @ MdN **480-838-3200 x 40071**, Scott Miller

**Evening School** - @ Compadre, contact your home school guidance counselor

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## **Tempe Union High School Tutoring and AIMS Prep**

### **Resources to Prepare for AIMS**

**Tempe Union High School District Mathematics**, <http://staff.tuhsd.k12.az.us/math/>  
The above web page is designed to prepare students for the AIMS test.

#### **AIMS Student Guides**

<http://www.ade.az.gov/standards/AIMS/AIMSSTGuides/HighSchoolGuide.pdf>

[https://www.tuhsd.k12.az.us/mtp/admin/AIMSHS\\_Fall07\\_Master%20Student%20Guide.pdf](https://www.tuhsd.k12.az.us/mtp/admin/AIMSHS_Fall07_Master%20Student%20Guide.pdf)

This downloadable document assists students in preparing for AIMS HS by providing a short explanation of each testing format, hints for test taking, sample test questions, and a scoring guide for the written response. It will help students become familiar with the tests.

**AIMS Sample Tests**, <http://www.ade.az.gov/standards/AIMS/SampleTests/HSSampleTestFinal.pdf>  
This downloadable document provides a sample test of each of the three subject areas assessed on AIMS HS.

**AIMS Released Items**, <http://www.ade.az.gov/standards/aims/ReleaseItems>; These downloadable documents provide past AIMS HS items that are made available to the public so students and teachers can use them as study tools.

**Study Guide**, <http://www.yourstudyguide.com/>; Each high school student who has taken but not yet passed the AIMS can obtain a personalized Study Guide. It describes each particular's student's scores in specific detail. It also provides basic instruction and some practice in reading, writing, and math.

**Ideal (Integrated Data to Enhance Arizona's Learning)**, [www.ideal.ade.az.gov](http://www.ideal.ade.az.gov); OR <http://moodle.dmit.asu.edu/>, This site provides online Math, Reading, and Writing practice tests for AIMS.

**TV411: Reading**, <http://www.tv411.org/reading/>, This site provides strategies to improve your reading.

**ASU Asset**, <http://www.asset.asu.edu/>This site provides resources for all state standards tested by AIMS. Click on Asset @ Home, then Math Active for assistance with the math standard or Subject Area Favorites then Language Arts for assistance with the writing or reading standard.

**Marcos de Niza High School Homework Lab**, 480 838-3200 ext 40074 Available to all Marcos de Niza students free of charge. Certified teachers tutor in the lab Monday – Thursday from 2:34-4:34 p.m. call for holiday schedules

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## **Hotline Numbers**

**Arizona Teen Crisis Solutions** - 24 hr Cell Phone (Phoenix) 1-800-818-6228

**Arizona State University Hotline for Students in Crisis** 24/7 480-921-1006

**Adult Abuse Hotline (Adult Protective Services)** Statewide 1-877-SOS-ADULT (1-877-767-2385)

**Child Abuse Hotline (Child Protective Services)** Statewide 1-888-SOS-CHILD (1-888-767-2445)

**Southeastern Arizona Behavioral Health Services (SEABHS)** 1-800-586-9161

**Drug & Poison Information Center - University of Arizona's Statewide Hotline** 1-800-222-1222

**Empact Suicide Prevention Center - 24 Hour Arizona Hotline** 1-866-205-5229

**Gila River Regional Behavioral Health Authority Community Crisis Line** - 1-800-259-3449

**National Hopeline Network** - 24 Hours / 7 days a week 1-800-SUICIDE (1-800-784-2433)

**National Suicide Prevention Lifeline** - 24 Hours / 7 Days a week 1-800-273-TALK (1-800-273-8255)

**Navajo Nation** - Emergency and Crisis Phone Numbers (88 KB PDF)

**Pascua Yaqui Tribe - Guadalupe Maricopa Area - Behavioral Health Services** 1-800-5-PASCUA  
(1-800-572-7282)

**Teen Lifeline Peer Counseling / Suicide Hotline** 3:00 - 9:00 PM 7 days a week 602-248-TEEN (8336)  
1-800-248-TEEN (8336)

**Magellan of Arizona** - The Maricopa County Regional Behavioral Health Authority (RBHA) regarding issues such as mental health support, substance abuse, depression and co-occurring disorders. 1-800-631-1314 or 602-222-94444

**Arizona Coalition Against Domestic Violence**, 1-800-782-6400

**Community Information and Referral:** 602-263-0979 or 1-800-352-3792

**National Domestic Violence/Abuse Hotline (multilingual):** 1-800-799-SAFE