



January 4<sup>th</sup> – February 10<sup>th</sup>  
3:00pm – 5:00pm

CDS TRACK & FIELD

PRE-SEASON CAMP

**Corona Del Sol  
Track and Field  
Pre-Season**

Due to Covid we will be limiting our camp to technical events (Jumps, Pole Vault, Throws, Javelin, and Hurdles)

Starting Monday  
January 4<sup>th</sup>

Register @:  
<https://forms.gle/THuM19hWZ9BsG5us6>

We will be meeting Monday, Tuesday, and Wednesday

Monday- Hurdles, and Jumps/PV  
Tuesday- Hurdles, and Throws/Javelin  
Wednesday- Jumps/PV, and Throws/Javelin

Due to COVID there will be no cost for preseason

Please contact either Coach Crane, or Coach Scott for more information.

Crane:  
[sdaztecs92115@yahoo.com](mailto:sdaztecs92115@yahoo.com)

Scott:  
[pattrack03@gmail.com](mailto:pattrack03@gmail.com)